

Packing list for your backpack

This list has everything you will need for the backpack (first two days of the trip). It may seem like a small amount, but remember that everything you bring with you, will be carried on your back. You should come to the Roddy Theater at 9:00 A.M. Thursday morning with two bags – (1) your backpack packed with all of the items listed below (2) a duffel bag or suitcase containing the items you will need for the rest of the trip. Your duffel bag will be waiting for you at camp when you arrive on Friday afternoon.

Clothes:

- 1 pair of underwear
- long underwear bottom
- long underwear top
- 1 pair of nylon shorts
- 1 pair of sturdy long pants (Carhartts work well)
- 1 t-shirt
- synthetic jacket or wool sweater
- rain jacket
- 2 pairs of socks (not cotton)
- warm hat
- hiking shoes (tennis shoes will work)
- swimming suit

Gear:

- backpack
- sleeping bag (not cotton)
- sleeping pad
- flashlight or headlamp with extra batteries
- 2 quart size water bottles (Gatorade bottles work well) PLEASE FILL THEM BEFORE WE LEAVE BAYLOR. Please no squeeze bottles with the sport cap – they will not stay closed and your clothes will get wet.
- cup, bowl, and spoon

Optional things you may want:

- bug repellent
- camera
- sun screen
- toothpaste/toothbrush
- sun glasses
- Tevas, Chacos, or other river sandals